

Saint Philip Church

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Planting "Seeds of Faith" in Young Children

As the **Storytelling Program** and Faith Formation comes to an end, we would like to thank you for your participation and to encourage you to be a true witness of God's love until we meet again in the fall.

It takes courage to be happy, to give people a smile. It takes courage as parents to love with God's love. Count on St. Philip's family to support you in spreading the good news and planting the seeds that will flourish at the right season.

1. Attend Sunday Mass. Visit uscgb.org/bible/readings Or www.gospelweeklies.com to read the Sunday reading beforehand with your child.
2. Make a routine to call or visit someone who is sick or homebound once a week or month.
3. Pray before meals.
4. Have one meal together daily or weekly. Keep the conversation simple (no phones) and catch up on what everyone has been up to.
5. Schedule family time; reading, playing board games, listening to music or being still to find God and to relieve stress.
6. Go for a nature walk.
7. Pray the rosary or one decade before bed time.
8. Do home chores together; laundry, gardening, cooking, cleaning (play music!)
9. Clear out unused items and donate it to someone in need in our community, to the parish or shelter.
10. Keep a "loose change" jar to collect family change and decide as a family where to donate it.

Let us also recognize the great work that volunteers have provided by sharing their faith, time and talent.

We look forward to see you through the summer. Visit our website to keep connected and do not hesitate to contact as with ideas, observations or questions.

With love and gratitude,

Dora De Andrade and Father Sudhir